

Oak Room's Home Learning

Term 1 - 2026-2027



This term in Oak Room we are learning about ourselves, our bodies and emotions, numbers 1-10, early literacy, famous artists and the Solar System. We would love families to join in with some of this learning at home.

The activities in this booklet are suggestions. They can be adapted in any way that works for your child. Communication might include eye gaze, PODD/AAC, switches, pointing, gesture, vocalisation or supported choices.

You can share learning in any way that suits your family:

- Send a photograph or short video.
- Send in a picture, artwork or piece of writing.
- Tell us about a special moment or achievement.
- Use your child's preferred communication system to make choices and comments.

Most of all - have fun learning together!

LEARN AT HOME



KIND



AMBITIOUS



CHILD-CENTERED



INSPIRATIONAL



COLLABORATIVE

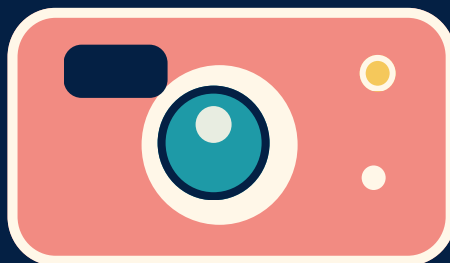
All About Me!

This term we are exploring who we are, what we like and the people and things that are important to us.

At home, spend some time looking at photographs of your child, family members, friends, favourite places, activities or objects.

- Talk, look, point or choose:
- Who is in the photograph?
- What do I like?
- What do I not like?
- Who is important to me?
 - What makes me happy?
 - What am I proud of?

Your child can respond using their preferred communication method. Please send in a favourite photo or a little piece of news so we can share it with friends and add to our Wow Wall.



Numbers Everywhere!

Let's explore numbers 1-10

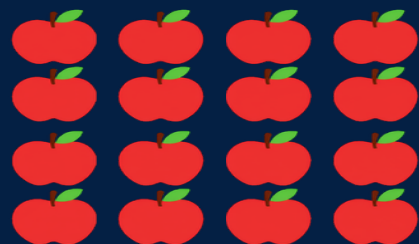
In Oak Room we are recognising, naming, forming and ordering numbers 1-10 through repetition, songs, sensory play and everyday experiences.

Numbers are all around us! Look for them on doors, clocks, phones, TV remotes, buses, food packets, receipts and signs.

Try these simple ideas:

- Find a number and match it to a number card or AAC symbol.
 - Count 1-10 favourite objects, snacks, toys or steps.
 - Put two or three number cards in order.
- Make a number using playdough, sand, shaving foam or finger paint.
 - Sing a favourite counting song together.

There is no need to complete every idea - repeated short experiences are perfect



Sound Detective

Letters, sounds and meaningful writing

This term we are exploring initial sounds, word families, shared reading and independent writing using an alternative pencil where appropriate.

Choose a sound your child has been exploring in school and look around the house for familiar objects that begin with that sound.

For example:

- b - ball, book, bag
 - c - cup, coat, car
 - s - sock, spoon, soap
- Offer two objects and ask your child to choose the one that starts with the target sound.
 - Share a favourite book and pause to let your child comment, choose or predict.
 - Encourage any form of writing: marks, symbols, eye-gaze selection, typing or an alternative pencil.

Please celebrate all communication and writing attempts - the message is what matters!



Look Up!

Space at Home

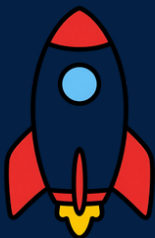
Our interdisciplinary topic this term is SPACE! We are exploring planets, stars and eclipses.

On a clear evening, look outside together. Can you find the Moon? Can you see any stars? You could also explore space pictures or a short space video indoors.

Space choices and communication:

- Sun or Moon?
- Planet or star?
- Light or dark?
- Big or small?
- Which space picture do you like best?
- Use PODD/AAC, eye gaze, pointing or partner-assisted scanning to comment.

For a sensory space experience, darken the room and use a torch or safe light source to create stars and moving light. Follow your child's responses and preferences.



Space Artist!

Create your own planet or alien!

In school we are using art and assistive technology to create artwork inspired by planets and aliens.

At home, create a space picture in whatever way is most accessible and enjoyable for your child.

Your child could choose:

- Colours for a new planet.
- Paint, collage, foil, tissue paper or textured materials.
- A big or small planet.
- Features for an alien - eyes, arms, antennae or funny colours.
- Digital art using a tablet, computer, switch or eye-gaze system.

Let your child lead the choices. Please send the finished artwork or a photograph so we can celebrate it in class.



Me as an Artist!

Exploring famous artists

Oak Room is learning about famous artists, their work and how artists use colour, shape, texture and different media.

Choose an artwork together - this could be one we have explored in school or simply a picture that catches your child's attention.

Explore it together:

- Which colours can you see?
- Which colour does your child prefer?
- Does the picture look calm, busy, bright or dark?
- Can your child choose a material to make their own version?
 - Try paint, sponge printing, collage, digital art or mark-making.

There is no 'right' finished picture. The important part is making choices, exploring materials and expressing an individual response.



My Body

Learning through everyday routines

This term we are developing awareness of our bodies, personal care, hygiene, growing up and the equipment that helps us.

Everyday routines are a great opportunity to build body awareness. During dressing, washing, movement or relaxation, name body parts and give your child time to respond.

Try:

- Where are your hands / feet / eyes / nose?
 - Choose: hands or feet?
- Use a mirror to look at facial features.
 - Sing a body-parts song together.
- Talk positively about equipment your child uses and what it helps them to do.
- Offer simple hygiene choices such as which towel, soap or hairbrush to use.

Please follow your child's comfort and communication at all times.



Navigating BIG Emotions

Growing up can be tricky, especially when our bodies are changing and new emotions begin to surface. Inside Out 2 follows Riley as she learns to understand and manage new feelings like anxiety and embarrassment.

We'd love for you to watch the film with your child and use their PODD book to find and talk about the emotions featured in the movie. Once you've identified some of the emotions, try using that page in everyday conversations. For example, you might use "annoying" when technology isn't working, or "sad" when a favourite programme finishes or an activity is cancelled.

It's really important that we model these kinds of messages for our children. This helps them learn how to express themselves, and shows that it's okay to use their voice when something has upset them.



Trailer for Inside Out 2

How Am I Feeling?

Building emotional vocabulary

We are learning to recognise and communicate emotions as part of our All About Me and health and wellbeing learning.

Families can help by modelling emotion words during real everyday moments. Your child does not need to answer a question - seeing adults model language is valuable too.

You might model:

- happy - when something fun happens
- excited - before a favourite activity
 - tired - at the end of a busy day
 - sad - when something finishes
- worried - when something feels uncertain
 - calm - during a relaxing activity

Use your child's PODD/AAC or preferred communication system whenever possible. You could also take a photo showing an emotion and send it in for us to discuss together.



Wow! Look What I Did!

Celebrate home achievements

Personal achievement is an important part of our learning in Oak Room. Achievements can be big or small - every success matters.

Please send us a photograph, message or piece of work showing something your child has enjoyed, practised, experienced or achieved at home.

It could be:

- Trying something new.
- Making a choice or communicating a message.
 - Helping with a family activity.
 - Going somewhere special.
- Completing a physical or therapy goal.
- Creating artwork, reading, counting or exploring space.
 - Simply having a lovely moment with family.

We can use these photographs and messages to support communication, share news with friends and celebrate achievements on our Wow Wall.

Thank you for supporting learning at home.

Damien and the Oak Room team



Thanks so much!

These activities are suggestions for you and your child to extend the learning that happens at school.

Please feel free to adapt any of these ideas and please send in any work so we can share it with the class.

Photos are also gratefully received and the pupils all love to share activities from home with the class.

Most of all have fun with the family!

*Damien and
the team!*

